Massachusetts Specific Public Health Law

MHOA CONFERENCE – OCTOBER 2022 CHERYL SBARRA, J.D. MASSACHUSETTS ASSOCIATION OF HEALTH BOARDS

1799 - Paul Revere was named Chairman of the City of Boston's Board of Health, the first in the country.





Legal Authority to Regulate Public Health and Safety – G.L. c. 111, § 31

- Tri-Nel Management, Inc. v. Board of Health of Barnstable, 433 Mass. 217 (2001)
 - "Through the plain language of G.L. c. 111, §31, the Legislature has delegated to boards of health the authority to "make **reasonable health regulations**."
- Druzik et al v. Board of Health of Haverhill, 324 Mass. 129 (1949).
 - "The protection of public health is within the **police power** of the municipality to **protect the health, safety and welfare of its residents**." (*Id.*)
 - It is a widely accepted function of government to protect public health, **even at the expense of an individual's freedom**. (*Id.*)
 - "The right to engage in business must yield to the paramount right of government to protect the public health by any rational means." (<u>Id.</u>)



Legal Authority to Regulate Public Health and Safety

- Druzik et al v. Board of Health of Haverhill, 324 Mass. 129 (1949).
 - Board of health regulations "stand on the same footing as would a statute, ordinance or by-law." (Id.)
 - "All rational presumptions are made in favor of the validity of [the regulations]." (Id.)
- Arthur D. Little, Inc. v. Com'r of Health for Cambridge, 395 Mass. 535 (1985).
 - Courts will only strike a board of health regulation when the challenger proves, on the record, "the absence of any conceivable ground upon which [the regulation] may be upheld."
- Padden v. West Boylston, 445 Mass. 1104 (2005).
 - "A party challenging a board of health regulation must prove that it is **illegal**, **arbitrary**, **or capricious**, **and must establish an absence of any conceivable grounds** upon which the regulation may be upheld."

